



Beaconhouse
AL AIN

SCHOOL BAG WEIGHT POLICY

2023-2024

At Beaconhouse Private School, would like to address the potential long-term effects of students carrying heavy school bags. It is recommended that a child's bag does not exceed **20%** of their body weight to avoid adverse effect on their spine and body. To ensure the wellbeing of students it is important to implement a policy on limiting school bag weight.

1. OBJECTIVES OF THE POLICY:

Revisit the homework policy to ensure it allows flexibility, such as asking teachers to give handouts or workbooks that can be used for homework assignments.

- Encourage the use of ergonomic school bags with individualised compartments to efficiently hold books and equipment. **As a school, we encourage parents and children not to bring trolley bags.**
- Encourage students to wear both shoulder straps and not sling a school bag over one shoulder.
- Encourage the use of wide, padded, adjustable school bag straps that fit the student's body.
- Provide students with adequate storage in line with health and safety standards.

2. IMPLEMENTATION OF THE POLICY IN THE SCHOOL

The following steps are taken for the effective implementation of the Policy.

- We will be using weighing scale in classrooms to check bag weights and determine whether their bag weight is exceeding the limit.
- Homeroom teachers, will be responsible for the effective implementation of the policy under the supervision of the Principal.
- Parents will be informed of this policy and school requests their cooperation to check the bag weight of their child before they leave for school.

The following table depicts the maximum weight of backpack which a child can carry according to the Year group they study.

Year Group	Weight (KG)
FS2	2.2
Year 1	2.4
Year 2	2.6
Year 3	3.0
Year 4	3.4
Year 5	3.8
Year 6	4.1
Year 7	4.5
Year 8	5.0
Year 9	5.8
Year 10	6.5
Year 11	7.3

Review Date:	24 November 2023
Next Review Date:	September 2024
Principal's Approval:	
Board Of Governors:	 